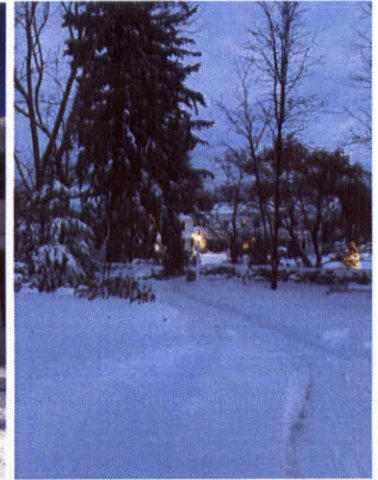


CHAMBERLAIN NEWS

January Edition

Winter storm Grayson; A huge thank you to our staff

We cannot say thank you enough to our Maintenance Crew who worked tirelessly throughout the storm to keep our campus up and running for the duration of the event. Thirteen buildings, driveways, parking lots. Paths, etc. all cleared and safely accessible. Outstanding Job guys! Also to our education staff and clinicians all of whom worked throughout the day of the storm and stayed throughout the entire night to ensure students and staff were supported. You guys are amazing! All of you are what make us proud to be part of the Chamberlain Family.



New Additions to our Program; Pet Therapy & Yoga

Yoga will take place on campus every Tuesday from 7-8pm with an instructor from the Maha Yoga Studio in Bridgewater. Everyone can benefit from yoga, as it works on strength, flexibility, balance, agility and endurance. It's also great to manage stress and improve focus & concentration.

An introduction from the instructor ..

"My name is Derek Januskis, your children's certified Yoga instructor for Chamberlain schools. I've undergone a 200 hour certification process that includes all of the elements of Yoga from philosophy to psychology and anatomy. The style is Hatha Yoga which encompasses all types of movement and postures suitable for any level and can provide a great foundation for any other activity, but also peace of mind. This is my favorite part about Yoga is that through sequenced movements and proper breathing the ever chattering mind can have a moment of rest and it allows you to observe how you and your body feels together. I hope that in my time here I can help bring about a movement of awareness peace and self respect."



"Bella is a 7 year old black Newfoundland female. She has been registered with TDI since she was 1 years old. She is of course extremely friendly and she loves attention."



"Amos is a registered therapy dog through Therapy Dogs International. He is an eight-year-old greyhound that loves to be around people, young and old. Amos visits nursing homes, libraries, and schools to provide affection, comfort, and love."



Upcoming Events

- February 14th—School Spirit, Wear Red for Valentines Day
- February 14th—Student Dance
- February 15th—Last Day of School before break
- February 16th-25th—February Vacation
- February 26th—Classes Resume

